

OCTOBER LUNCH MENU 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MENU SUBJECT TO CHANGE WITHOUT NOTICE

Pizza | Broccoli Bites |
Corn | Mandarin oranges | Choice of Milk

Cheeseburger Macaroni | Sliced carrots | Savory green beans | Cornbread Orange smiles | Cookie

Crispy chicken on Bun | Fresh Veggie Cup | Garden salad | Fruity Jell-O | Choice of Milk

Nachos Grande | Salsa | Pinto Beans | Cucumbers | Fruit | Ice Cream Cup | Choice of Milk

BBQ on Bun | Corn | Cucumber Dippers | Peaches | Baked chips | Choice of Milk

School Holiday!!

Fish Sticks | Oven Fries | Okra | Peaches | Choice of Milk

Quesadilla | Salsa | Pinto beans | Carrot Sticks | Sliced Apples | Sherbet Cup | Choice of milk

Chicken fried steak | Gravy | Okra | Roll | Strawberries | Choice of Milk

Hot Dog | Tater Tots | Tomato Cup | Snowball Salad | Choice of Milk

National School Lunch Week

Chili Cheese Tots | Cornbread | Fresh Veggie Cup | Mixed Fruit | Milk variety

Chicken Nuggets | Mac & Cheese | Carrots | Squash | Strawberries & bananas | Milk Variety

X-Burrito | Cucumber dippers | Tomato cup | Rosy Applesauce | Grain base dessert | Choice of Milk

Meat & Cheese Chalupas | Refried beans | Corn | Salsa | Orange smiles | Pudding | Choice Of Milk

Hamburger / cheese | Tomato Cup | Garden Salad | Pears | Milk Variety

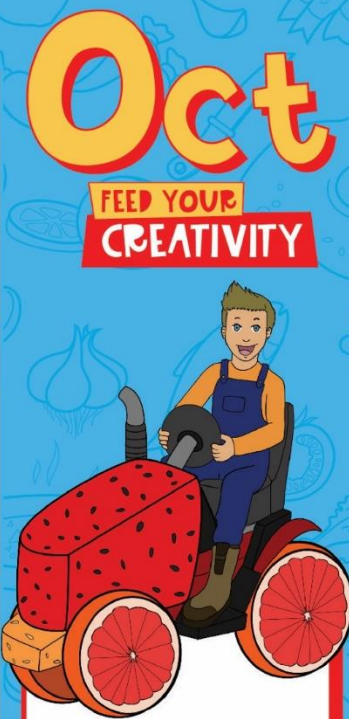
Breaded Drumsticks | Biscuit | Fresh Veggie Cup | Sweet Potatoes | Fresh Fruit | Milk Variety

Frito Pie | Beans | Garden salad | Chilled Pineapples | Brownies | Milk variety

Cheesy Bread sticks | Broccoli Bites | Marinara Sauce | Cinnamon Applesauce | Choice of Milk

Boneless Chicken Wings | Chips | Carrot coins | Celery Sticks | Mixed Fruit | Sherbet Cup | Choice of Milk

Deli Turkey & bacon sandwich | Sandwich salad | Carrot Sticks | Fresh fruit | Multigrain Chips | Choice of Milk



Announcements:

- Offered every day:
- PBJ packet
- PBJ Sandwich
- Cheese Stick
- Baked Chips
- Grahams
- Fruit
- Veggie
- Milk Variety

ALTERNATE MEALS have to be ordered ahead of time. For grades 3-12 ONLY



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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BREAKFAST MENU OCTOBER 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Menu Subject to Change Without Notice

Sausage Roll | Yogurt | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ⁴

Cheese Omelet | Toast | Cereal Variety | Fruit Juice | Fruit | Choice of Milk ⁵

BRK Pizza | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ⁶

French Toast | Sausage Link | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ⁷

Muffin | Sausage Link | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ¹

School Holiday !!!

BRK Burrito | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ¹¹

Pancake | Bacon | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ¹²

Oatmeal | Toast | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ¹³

Stuffed Bagel | Cheese Stick | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ¹⁴

National School Lunch Week

BRK Pizza | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ¹⁸

Dutch Waffle | Sausage Link | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ¹⁹

BRK Pizza | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ²⁰

Pancake on a Stick | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ²¹

Cinnamon Roll | Bacon | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ²²

BRK Burrito | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ²⁵

Oatmeal | Toast | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ²⁶

Cheese Omelet | Toast | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ²⁷

Pancake | Bacon | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ²⁸

Muffin | Sausage patty | Cereal Variety | Toast | Fruit Juice | Fruit | Choice of Milk ²⁹

Oct
FEED YOUR CREATIVITY



Announcements:

Start each day with a good breakfast



Food and Nutrition Division
Nutrition Assistance Programs



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Updated 1/1/2021
www.SquareMeals.org