

January Breakfast Menu 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**School
Holiday!!!**

3

Oatmeal & Cinnamon
Toast | Cereal Variety &
Toast | Fruit Juice | Fruit
| Choice of Milk

4

Breakfast Pizza |
Cereal Variety & Toast |
Fruit Juice | Fruit |
Choice of Milk

5

Breakfast Combo |
Cereal & Toast |
Fruit Juice | Fruit |
Choice of Milk

6

Donut & Sausage Patty |
Cereal Variety & Toast |
Fruit Juice | Fruit |
Choice of Milk

7

Sausage Roll |
Cereal Variety & Toast |
Fruit Juice | Fruit |
Choice of Milk

10

Breakfast on Bun |
Cereal Variety & Toast |
Fruit Juice | Fruit |
Choice of Milk

11

Power Breakfast |
Cereal Variety & Toast |
Fruit Juice | Fruit |
Choice of Milk

12

Breakfast Pizza |
Cereal Variety & Toast |
Fruit Juice | Fruit |
Choice of Milk

13

Cinnamon Roll & Bacon |
Cereal Variety & Toast |
Fruit Juice | Fruit
Choice of Milk

14

**School
Holiday !!**

17

BRK Burrito & Hashbrown
|Cereal Variety & Toast |
Fruit Juice | Fruit |
Choice of Milk

18

Waffle & Sausage Link |
Cereal Variety & Toast |
Fruit Juice | Fruit |Choice
of Milk

19

Power BRK |
Cereal Variety & Toast |
Fruit Juice | Fruit |
Choice of Milk

20

Oatmeal & Cinnamon
Toast |Cereal Variety &
Toast | Fruit Juice |
Fruit | Choice of Milk

21

Breakfast Pizza |
Cereal Variety & Toast
| Fruit Juice | Fruit |
Choice of Milk

24

French Toast & Sausage
Link |Cereal Variety &
Toast | Fruit Juice |
Fruit | Choice of Milk

25

Power Breakfast |
Cereal Variety & Toast |
Fruit Juice | Fruit |
Choice of Milk

26

Pancake on Stick |
Cereal Variety & Toast |
Fruit Juice | Fruit |
Choice of Milk

27

Cinnamon Roll & Bacon |
Cereal Variety & Toast |
Fruit Juice | Fruit |
Choice of Milk

28

Pancake & Bacon |
Cereal Variety & Toast
| Fruit Juice | Fruit |
Choice of Milk

31

Menu Subject to Change Without Notice

Jan
FEED YOUR
CREATIVITY



Announcements:

Start
EACH Day
With a
Good
Breakfast



Food and Nutrition Division
Nutrition Assistance Programs



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
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Updated 1/1/2021
www.SquareMeals.org

January 2022 Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**School
Holiday!!!**

3

Popcorn Chicken |
Roll | Corn | Crunchy
Broccoli Salad | Fresh
Apple Slices | Cookies |
Choice of Milk

4

Crispy Chicken Patty |
Chips | Garden Salad |
Cucumber Dippers |
Peaches | Choice of
Milk

5

Chicken Fried Steak |
Mashed Potatoes |
Gravy | Okra | Roll |
Pears | Choice of Milk

6

Hot Dog | Oven Fries |
Tomato Cup | Snowball
Salad | Choice of Milk

7

Chili Cheese Tots |
Fresh Veggie Cup |
Strawberries & Bananas |
Choice of Milk

10

Chicken Fajitas | Beans |
Corn | Salsa | Orange
Smiles | Pudding |
Choice of Milk

11

BBQ on Bun | Cucumber
Dippers | Tomato Cup |
Rosy Applesauce | Grain
Base Dessert | Choice of
Milk

12

Chicken Nuggets | Mac &
Cheese | Carrot Slices |
Green Beans | Fruit |
Choice of Milk

13

Hamburger / Cheese |
French Fries | Garden
Salad | Pears | Choice
of Milk

14

**School
Holiday!!!**

17

Breaded Drumsticks |
Biscuit | Tomato Cup |
Sweet Potatoes | Fresh
Fruit | Milk Variety

18

Pizza | Garden Salad |
Broccoli Bites |
Cinnamon Applesauce |
Choice of Milk

19

Frito Pie | Beans | Salsa
| Garden Salad | Chilled
Pineapple | Brownies |
Choice of Milk

20

Boneless Chicken Wings |
Chips | Carrot Coins |
Celery Sticks | Mixed
Fruit | Sherbet Cup |
Choice of Milk

21

Cheeseburger Macaroni
| Cornbread | Carrot
Sticks | Savory Green
Beans | Orange Smiles |
Dessert | Choice of Milk

24

Nachos Grande | Salsa |
Pinto Beans | Cucumbers |
Fruit | Ice Cream Cup |
Choice of Milk

25

Corn Dog | Tater Tots |
Tomato Cup | Fruit Cup |
Choice of Milk

26

Beef Spaghetti | Bread
Sticks | Carrot Slices |
Garden Salad | Pears |
Milk Variety

27

Crispy Chicken on Bun |
Fresh Veggie Cup |
Garden salad | Fruity
Jell-O | Choice of Milk

28

Turkey Cheese Sub |
Garden Salad | Savory
Green Beans | Peaches |
Choice of Milk

31

Jan
FEED YOUR
CREATIVITY



Announcements:

PBJ Pkg. Offered
Everyday. Includes:
PBJ Sandwich
Cheese Stick
Baked Chips
Grahams
Fruit
Veggie
Milk Variety

ALTERNATE MEALS have
to be Ordered and are
for grades 3-12 only



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